

SUMMIT

# Naturopathic News

## BioSET therapy for Allergies & Sensitivities

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BioSET is a **testing method**, and a **desensitization technique** for sensitivities and allergies of all types. It has been found that the atomic particles that make up our cells are affected by information and energetic forms of healing many times more powerfully than by physical remedies. With state-of-the-art equipment, we can test the body's response to foods, pollens, danders, chemicals, molds, fungus & other microbes, body systems, organs, cells, elements -- most anything you can think of, or bring to the office for testing.

With BioSET, numerous substances can be cleared at once, rather than just one at a time. One patient said that "BioSET is like a 747 compared to the pony express," in relation to older allergy elimination techniques. The majority of my patients with allergies and sensitivities experience either complete resolution, or a major diminishing of their problem within 2-3 visits. This offers a tremendous advancement over the allergy avoidance, weekly allergy injections, or steroid medications offered in conventional settings. The BioSET technique saves patients from having to buy medication month after month, or return to practitioners for numerous sessions which can become costly. *Because of demand from patients, we are offering a 3-month package of unlimited BioSET for an individual, or five visits for anyone in a family, for \$500.*

BioSET encompasses three branches of healing: detoxification, enzyme therapy, and desensitization. Here's how I use these healing methods:

- 1. Organ specific detoxification.** *A combination homeopathic "drainage" remedy is used when necessary. These combinations work at a cellular level to clear toxicity, inflammation, or help energy production. I may recommend additional dietary detoxification & cleansing for overall organs and body systems.*
- 2. Enzyme therapy.** *"You are what you absorb." If food does not break down into tiny amino acids, fatty acids and simple sugars from the action of your stomach or pancreatic enzymes, it may ferment or rot inside the intestines. Inflammation & dysbiosis (overgrowth of pathogenic bacteria), what many call "leaky gut," will allow large proteins, or complex sugars to enter the bloodstream, where an ever-vigilant immune system may see them as a threat. This may trigger a food allergy. An enzyme combination may be necessary to break down food and heal the gut.*
- 3. A non-invasive acupressure technique for desensitizing food and environmental sensitivities.** *This is where N.A.E.T. and BioSET are closely related. BioSET has improved upon the older NAET by turning cleared substances into homeopathic / diluted remedies. You hold onto a vial of substance being cleared, or the brass rod in the office, imprinting electrical information into your body. We finish by stimulating the spinal nerve roots, in a process most people refer to as "tapping on the back."*

### What the office visit looks like:

The first visit includes a bioenergetic evaluation of digestive function and toxicity levels. We look at organ and system balance, and your body's reaction to compounds like phenolics, amino acids, vitamins and sugars that make up most things. This is mandatory to get a good clearing of anything that follows. This visit will run 1-2 hours, depending on how many things need to be balanced in the body. With children, I keep visits to one hour because it is so hard for them to sit still more than that. If an infant can come in while napping in a car seat, this is ideal. Sometimes, we can move on to clear one category of sensitivities (examples: grains, grasses, or animal danders) on the first visit. Often, we need to wait for a 2<sup>nd</sup> visit to clear one or more categories of sensitivities or allergies. I like to wait a day or more between visits, to make sure the initial balancing has taken hold.

### What you need to do:

**Come to your appointment well hydrated. Two liters of water per day, at least one day prior to your visit.** *For bioenergetic testing, we use electrical readings of cells & organs, much like an EKG tests electrical activity of the heart. This is dependent on water & electrolytes in your cells and on your skin.*

**Be ready to avoid your allergen for 24 yours after the appointment.** *The longer you avoid the "stress" of contact with your allergen, the better chance you have of the clearing lasting a lifetime. When you reintroduce yourself to the old allergen, do it slowly and carefully. If you just got cleared to dairy, consuming a lot of cheese and milk, especially in the first few hours, is a sure way to get the allergy back. If you live in a house with mold or a pet you're allergic or sensitive to, be prepared to sleep somewhere else for a night.*

**Be ready to wear a "balancing vial" for 48 hours after the appointment.** *You will be given a small vial of homeopathically imprinted water, to wear or hold on to. People have termed this "energy medicine" for decades, but physicists are now calling it "informational medicine", because there is proof of an unseen, non-electrical, non-magnetic field that is reprogramming the body. I can put the balancing vial on a necklace for you, or you can keep it in a pocket. It just needs to stay against the skin, or as close as possible for a couple days. You can reinforce the clearing process by having someone tap you on the back while you hold the balancing vial, for a week or two. After this, recycle the tube, or bring it back and I will wash it for re-use.*

### What people are saying:

*"She had weeping, open sores from scratching her eczema on her elbows and knees since she was born, which resolved itself completely after one clearing."  
~Mother of a 2 year old girl from Breckenridge.*

*"I was allergic to cats, dogs, horses and other unknown farm animals, but after 2 clearings with Dr. Pollack, I was able to go on a vacation to a ranch and ride horses, and then get a kitten!"  
~59 year old woman from Dillon.*

*"I was allergic to wheat, and was getting tired of gluten-free diets with rice & millet bread. Dr. Pollack cleared me of that allergy in one visit. He also cleared my son of his allergies to dairy, and several pollens in one visit. Now he doesn't have to use his inhaler, no longer gets constant runny noses, and his eczema has cleared."  
~44 year old woman from Dillon.*

*"Last summer, something was blooming that was giving me a constant sinus headache, burning eyes, and a plugged nose. All the over-the-counter antihistamines stopped working for me. After one session with Dr. Pollack, I had no stuffiness and it has stayed away."  
~45 year old woman from Breckenridge.*